Broomfield Council on the Arts and Humanities

Presents ASTER Women's Chamber Choir's

A Tribute to the Singer-Songwriter

Meghan Rodwell, Sara Giita Flores, Sara Love

Photo by Rachel McClaskey

Saturday, October 24, 2026 at 2 pm
Broomfield Auditorium

BROOMFIELD COMMUNITY FOUNDATION
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Broomfield Council on the Arts & Humanities

We Fund Culture. SCFD

Circle Game — Joni Mitchell
arr. Christina Lynn-Craig

Solos: Erica Tenent and Jean Rosecrans

Our House — Graham Nash, arr. Ed Lojeski

Safe and Sound — Taylor Swift, arr. Lorraine Anne Salvador
edited by Christina Lynn-Craig

Solos: Lizzie French and Vahlera Lynch

Don't You Worry 'Bout a Thing — Stevie Wonder, arr. Roger Emerson

Percussion: Sara Love

ASTER's Own Singer/Songwriters

October 2016 — Meghan Rodwell
Wasabi — Meghan Rodwell

Meghan Rodwell

In This Windy World — Sara Giita Flores
Let's Play — Sara Giita Flores

Sara Giita Flores and Amalina Flores

Rainbow Windows — Sara Love and Teddie McConnell
"Call My Honey" Blues — Sara Love

Sara Love, Teddie McConnell and Karen Murphy

I Claim my Power — Sara Giita Flores

Solos: Carolyn Crouse and Melanie Nehls Burow Drum: Jeanine Ashley

The Land of Quaking Courage — Sara Giita Flores

You Make Me Feel Like a Natural Woman — Carole King, arr. Kirby Shaw

Solo: Jean Rosecrans Descant: Stephanie Port

Light of a Clear Blue Morning — Dolly Parton, arr. Mac Huff

Solos: Jeanine Ashley and Megan Townsend

Sara Giita Flores, conductor

Brand New Key — Melanie Safka

Solo: Karen Murphy

A Thousand Years — Christina Perri, arr. Mac Huff

Guitars: Sara Love and Meghan Rodwell

Special Thanks to Yukiko Tomonaga, Pianist

October 2016
By Meghan Rodwell

This fall day is between two calls
The air is crisp, but the flowers don't pause
Patient, patient, I think too long

The willow boldly mourns long summer days
The sun shines bright with all his praise
Patient, patient, I wait too long

Chorus:
I give my worries the flowers
I give my doubts the sky
I give my fears the trees
Together they'll care for me

One foot in warmth and one in cold
The way is sure for only the bold
Thinking, thinking I stay too long
Waiting, waiting I stay too long

The mountains afar are covered in snow
They already know the way we go. *Chorus*

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Meghan has been making music for as long as she can remember. From singing "I'm a little teapot" on home videos at age 5, to performing at a show choir competition at Disney World in high school, to learning how to play guitar and write songs at age thirty.

Between working her day job as a mechanical engineer and being mom to two kids, she will always make space for music. She hopes that you do too!

Wasabi
By Meghan Rodwell

You're the peanut to my butter
the jelly in my roll
My heart belongs to you
I hope you know

You're the spice in my wasabi
The tuna in my sea
My heart belongs to you
I'm yours with ease

You're the snorkel where I breathe
This vest I need to float
My heart belongs to you
Oh, come sail my boat

You're the strings that make this song
The pick and my two hands
My heart belongs to you
Your biggest fan

Keep me close dear hold on tight
Keep me close dear hold on tight
Keep me close, keep me close
Ah, ah, ah

You're the fuel in my engine
Your rubber meets my road
My heart belongs to you
Won't you
Come share my load
~~~~~~~~~~~~~~~~~~

Let's Play (short version)
By Sara Giita Flores

Once upon a time I could play make believe,
I could laugh and dance and create and receive!
Then I thought I had to shun those childhood joys,
To just fit in and seek approval from the boys.
Those days are gone, but I long to play again
To free my spirit, find joy once again

Let's Play, I won't criticize today
Let's just play; Joy will lead the way

Thank you for waiting such a long time for me
To open up my arms and love my being
You've got all the magic and fun times inside
Let's dance together for the rest of our lives
The days to come can be filled with joyful songs
The dark moments may come,
but we won't stay there too long

Let's Play, I won't criticize today
Let's just play
I promise I will love you, today and always

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For many years, Sara Giita Flores believed she could not write songs, until her journey of healing trauma, learning meditation, and reclaiming the art of play opened her creative floodgates.

She believes every singer can become a songwriter, and teaches curious students how to birth the songs they weren't sure were inside of them.

In This Windy World
By Sara Giita Flores

I come down to the river
One cold Autumn night
I offer all these flowers
They drift out of sight
My old self is shattered
As I kneel on the ground
I'm ready to let go
All my old walls can come down

CHORUS:
In this windy world
Our hopes may blow away
In the holy ruins
We emerge from the fray
Change is all we know
Change is all we know
Change is all we know
Change is all we know

The woman I thought I was
Is crumbling to the ground
artist, musician, do-gooder,
Those identities felt so sound
I was clinging to an image
Of who I thought I should be
But my deeper soul takes over
Love is my identity

CHORUS

When life looks like a wasteland
Scattered shards of the old me
I call in love to sit in the void
Help me trust this brokenness is holy
Old patterns undone,
attachments destroyed
I call in Love to sit in the void
Old patterns undone, attachments destroyed
I call in Love to sit in the void
Unraveling, remaking
Unraveling, remaking
~~~~~~~~~~~~~~~

Rainbow Windows

Music by Sara Love, lyrics by Teddie McConnell (© 2026)

When days go by in black and white and nights in shades of gray,
When loneliness has stolen all your color, joy, and play,
God's here to change your outlook, to brush away the dark,
And splash the paints of love onto the canvas of your heart.

Refrain: God's love is a house with rainbow windows
He spreads out His wings to keep out the rain.
When we look out through rainbow windows,
You'll see that love has colored in your world again.

The sky will go from gray to blue. The stars will shine at night.
Your friends will come to dance with you in golden summer light,
And as we come together with laughter freely shared,
We'll paint a lovely picture with the ways we find to care. *(To refrain)*

The world is more than rainbows, but also more than grays,
So let me prove God's love to you in all its tints and shades. *(To refrain)*

Sara has been singing and playing the guitar for many years. She performs at community centers, retirement homes and at her church. "Call My Honey Blues" was first performed in a "Newtime Radio" comedy troupe called MARCONI'S REVENGE in the mid-1980's in Denver. It was rewarding to write songs, improvise scenes, and perform. Ah…the good old days!

"Call My Honey" Blues

Sara Love original ©1985 (Latest copyright June 2026)

I'm standin' here next to the phone, I feel so all alone.
I think it's gonna rain, ain't got a penny to my name.
I just wanna call my honey, but I just don't got no money.
Just don't got no money…no money to call my honey.
I got that have no money dues, I got the Call My Honey Blues.

I'm walkin' along the road. Well, look! I see a toad.
I'll tell you what I'll do…I'll give this toad to you;
If you give me 50 cents, I can call my honey twice.
Now wouldn't that be nice just to call my honey twice?
I got the have no money dues, I got the Call My Honey Blues.

I went past a can bank, and oh, what a thought!
I'd walk along the street like I should, and gather all the cans that I could
And then I'd have the money
To call my honey!
I'd get rid of the have no money dues,
I'd get rid of the Call My Honey Blues!

I'm still standin' next to the phone, and still feelin' all alone
And every time I turn around
I just want to call my honey and say,
"Hey Honey, How are you today?"
It seems like all I want to do is sit around and call my honey…

ASTER Women's Chamber Choir

Christina Lynn-Craig, Artistic Director ***Sara Giita Flores, Assistant Conductor***

Yukiko Tomonaga, Pianist

Soprano I	***Soprano II***	***Alto***
Peggy Brooks	***Jeanine Ashley***	***Carolyn Crouse***
Lizzie French	***Sara Love***	***Anne Dickert***
Denise Fritz	***Vahlera Lynch***	***Sara Giita Flores***
Donna McCuaig	***Debbie Martin***	***Terre Lynch***
Karen Murphy	***Katherine Nybakken***	***Jean Rosecrans***
Stephanie Port	***Laura Pegues***	***Anna Shrestha***
Meghan Rodwell	***Melanie Nehls Burow***	***Erica Tenent***
Megan Townsend		

Christina Lynn-Craig founded ASTER Women's Chamber Choir in April of 2000. She received the Artist of the Year award from the Broomfield Council on the Arts and Humanities in 2025, and the Heart of Broomfield Award for the Arts in 2004. She was a member of music faculties at Loretto Heights College, MSU – Denver, and CU – Boulder. She earned an MM degree from Temple University in Philadelphia and a DMA degree from the University of Colorado. She feels blessed to have been teaching voice for over forty-six years!

Sara Giita Flores - In addition to being the assistant conductor of *ASTER*, Sara is a composer, author, speaker, and public speaking coach. She teaches singing lessons and songwriting lessons to creative people of all ages in her home in Westminster. Sara earned a B.A. in Music (Vocal Performance) from Lewis & Clark College in Portland, Oregon. In her spare time, she enjoys hanging out with her husband and kids, making art, and spending time outdoors.

Yukiko Tomonaga is a collaborative pianist and piano teacher. Originally from Japan, she holds a MM degree in Piano Performance from the University of Denver. She enjoys teaching students of all ages from her home studio in Broomfield and is excited to serve as accompanist for *ASTER* Women's Chamber Choir. Outside of music, Yukiko enjoys gardening, hiking, and spending time in Colorado's beautiful outdoors

Special Thanks to Our Concert Volunteers:

Rob Arnot, Nancey Johnson Bookstein, Jennifer Fife, Andrew Burow

And the Technical Crew at the Broomfield Auditorium

ASTER ANGELS

ASTER is grateful to Holy Comforter Episcopal Church for providing rehearsal space and to Debbie Martin for website management, and to all those who contributed to ASTER in 2025: Altitude Arborist, MaryAnn Amari, Peggy Brooks, Sarah Brennan-Green, Mary Jo Brodzik, Debbie Carter & Diane Strong, Meredith Rung Creswell, Carolyn Crouse, Lana Eckman, Diane Eismann, Jane Frederick, Anna Gentry, Julia Jones, Aylâ Larsen, Christina Lynn-Craig, the Lynn-Palevsky family, Jane Martin-Shelton, Magnani family, Tom and Jeanine Marsh, Ellie McKinley, Dotti Moyer, Karen Murphy, Melanie Nehls Burow & Andrew Burow, James and Laura Pegues, Waldemar Perez, Jeanne Richheimer, Jean and David Rosecrans, Virginia and Raymond St. Pierre, Leslea Stringer, Diane Svensk, John and Gail Sweat, Erica Tenent, Sandra Weeder, Mary Ann Wisehart, and those whose names were inadvertently omitted.

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Be sure to designate your gift for *ASTER* on the drop-down menu.

SAVE THE DATE!!
Saturday, April 10, 2027, at 2 PM
Opera for All Ages

Hear some of the most beautiful melodies ever composed.

Including selections by Bizet, Mozart, Puccini, Delibes, and Victor Herbert.

SAVE THE DATE!!
Saturday, November 6, 2027, at 2 PM
Across the Generations:
100 Years of Songs and Stories That Bring People Together

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